

Bland Diets

Roscoe Village Animal Hospital
3131 N. Clybourn Ave
Chicago, IL 60618
773.549.3131
www.roscoevillageanimalhospital.com



Prepared Diets

We offer a variety of prescription bland diets.

For dogs and cats we recommend Royal Canin
Gastrointestinal High Energy

All these foods are available in dry and canned
forms. Your prescription label should include
the proper feeding instructions for your pet.

Canine home-made diet

Mix your choice of the following protein source with 1 cup
cooked white rice:

- 1/3 cup cottage cheese OR
- 1/4 cup cooked skinless chicken breast OR
- 1/4 cup ground beef (drain fat)

Divide into 3 meals



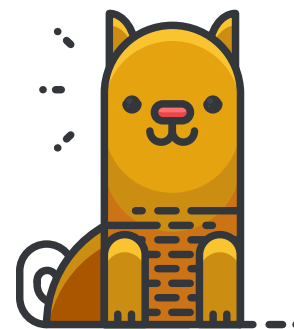
This is the recommended servicing for a 20-pound dog over a
24 hour period. Use the ratios provided to prepare the correct
amount of food for your dog's body weight. (For example, a 60
pound dog would require 3 times the amount of food per day in
the recipe above.

Note: these diets should be used for NO more that 5 days.

Feline home-made diet

Since most cats will not eat a home prepared diet,
please use a prescription diet chosen by your
veterinarian. Initially, baby food can be given to
stimulate your cat's appetite.

We recommend Gerber Stage II in chicken, beef, and
turkey.



Reintroducing your pet's regular diet

When your pet's symptoms have been
resolved for 2-3 days you may begin to
reintroduce a regular diet. But, you
must do it gradually.

How to:

- Day 1: Mix 25% of regular diet with 75% of
the bland diet.
- Day 2: If pet does not experience any
vomitting or diarrhea, increase ratio to 50%
bland, 50% regular.
- Continue this gradual change until pet is
eating a 100% normal diet again.

