Therapeutic Ear Cleaning Instructions

Follow these steps once or twice / week and after swimming or bathing to aid in the prevention of ear infections.

1. Moisten a cotton ball with the ear cleaning solution (i.e. Epi-Otic®, Keto-Flush®)

2. Wipe the vertical ear canal out with your moistened cotton ball.
   - Repeat until your cotton ball comes out clean.

3. Use a Q-Tip to clean the “cracks and crevices”.
   - * Do not put the Q-Tip deep into the ear canal.

4. Fill the ear canal with the ear cleaning solution.
   - Gently massage the base of the ear.
   - Place a dry cotton ball into the ear canal and gently massage the base of the ear.
   - Repeat this process until the cotton ball comes out clean.

Follow these steps if your pet experiences chronic ear infections. Place a “Swimmer’s Ear Solution” into the ear after the ear cleaning.

1. Fill the ear canal with the swimmer’s ear solution.
2. Let the solution set for thirty to sixty seconds.
3. Remove excess solution with a dry cotton ball.

   **Swimmers Ear Solution Recipe**

   - Mix 3 parts isopropyl alcohol with 1 part white vinegar.

** Severe and permanent damage to the ear may result if an ear infection is left untreated. These steps are to be used as preventive measures only and not as a treatment.

*If your pet has an ear infection, please schedule an appointment at (773) 549-3131.*